1:McIlwraith E-5 (1922-1924) 1948
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842 789 *To Cause Birth of a Child of the Desired Sex*

If a boy is desired: The pregnant woman must have prepared for her a miniature bow and arrows on which she sleeps for four nights and then throws into the fire.

If a girl is desired: The pregnant woman must have prepared for her miniature tools used for beating cedar-bark on which she sleeps for four nights and then throws into the fire.

843 789 *To Cause Easy Delivery* (two means)

(1) The pregnant woman must boil stalks of stonecrop in water and drink freely of the decoction.

(2) A variant of the medicine already described can be applied during pregnancy. Strike the back of the woman with one or more porcupine embryos. The thrower must remain in concealment and the woman to be benefited must be unaware of what is about to be done.

853 757 *To Cause Increased Flow of Milk*

Heat pods of *Sedum Spathulifolium* (Hook) and apply them as a poultice to the breasts of the nursing mother.

MISCELLANEOUS MEDICINES USED BY ADULTS

461 789 825 *To Cause Energy*

Take the paw of a freshly killed beaver in one hand and pat it with the other, saying:

"Please, may I be like you."

This ensures that the man or woman will always work hard, like a beaver.

789 825 886 *To Cause Long Life*

Pick up a toad, spit on it four times, saying:

"May I be strong like you," and put it down carefully.

The basis of this medicine is the belief that toads are capable of resisting greater pressure than other animals. For example, if one is caught in an olachen net, it survives the crushing weight of fish and water and is alive when the net is emptied, though all other living animals so ensnared are killed.

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gles, bites him between the eyes or at the back of the neck so that a little blood flows. 865 861

"If you don't keep quiet," he says to the screaming child, "I shall bite you all over your head."

This medicine acts in two ways: (1) The offender is so frightened that he is likely to reform; (2) Contact with a man of good disposition imparts the same to him. A tuft of mountain goat wool is inserted into the wound to make it heal properly.

To Cure Disobedience and Laziness 461

Parents whose child exhibits these bad qualities also ask help of a man of good character. If he accepts the task, he provides himself with a bone needle and waits until he hears the child refuse to perform some simple task. Then, with a rush, he throws the offender on his stomach and supposits the needle until the blood flows freely. He then releases the frightened child who usually slinks away to bed for the rest of the day. When the bleeding has ceased, the quiet person cuts chips from the canoe of an energetic man and rubs them on the wound, saying: 865 861

"Please, may you be like the canoe, always active and doing whatever is expected of you."

An old Kimsquit man recalled vividly the application of this medicine to him when he refused to fetch water for his mother. He was about eleven years of age at the time and asserted that it had greatly improved his behaviour.

MEDICINES FOR ORDINARY DISEASES

For Sprains and Bruises 752

Pound stalks of false hellebore, mix with hemlock gum, and bind on the injured spot as a poultice.

For Swollen Neck

Cut off small pieces of a thoroughly smoked bear's heart, pound in water, and drink the mixture. 757